Recommendations:

1. There are multiple ways to approach a hip joint when performing hip replacement surgery. Several of these approaches have a long history of safe use in surgeons who are well trained in orthopaedic surgery.

2. There is no published level 1 (highest level) scientific evidence that endorses one surgical approach over the other.

3. The different surgical approaches have advantages and disadvantages which may be patient specific. No surgical approach is without risk.

4. Surgical approach has little influence on results in the short or long term.

5. A long lasting and successful result can be achieved with a total hip replacement done through any of a number of different surgical approaches.

6. Patients are well advised to allow the surgeon to decide which approach is most appropriate in their case.

7. Surgeons should tell patients which works best in their hands but should not claim an advantage over approaches used by other surgeons.

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